Completion of Summer Internship from Zynova Shalby Hospital, Mumbai

This Certificate is awarded to

#### MISS. ALIDA ROY PALAPPILLI

In recognition of successful completion of her Internship in the department OPERATIONS, ADMINISTRATION And has successfully completed her project on TIME MOTION STUDY ON THE PROCESS OF DISCHARGE

### 17<sup>TH</sup> JUNE 2022

# ZYNOVA SHALBY HOSPITAL, MUMBAI

She is a committed, sincere and diligent person who has a strong drive and zeal for learning. We wish her all the best for future endeavor.

Organization Supervisor

Reny Varghese Unit Head / CAO

Zynov. 1000 Head-HR/ Department Head

**Certification of Approval** 

The Summer Internship Project Titled "TIME MOTION STUDY ON THE PROCESS OF DISCHARGE" at ZYNOVA SHALBY MULTI-SPECIALITY HOSPITAL MUMBAI, is hereby approved as a certified study in management carried out and presented in a manner satisfactorily to warrant its acceptance as a prerequisite for the award of Post Graduate Diploma in Health and Hospital Management for which it has been submitted. It is understood that by this approval the undersigned do not necessarily endorse or approve any statement made, opinion expressed, or conclusion drawn there in but approve the report only for the it is submitted

Son Aggain

Mrs. Divya Aggarwal Associate Dean- Academics, Accreditation and Marketing IIHMR-Delhi

### FEEDBACK FORM

Name of student: Alida Roy Palappilli Summer Internship Institution: Zynova Shalby Multispeciality Area of Summer Internet: Operations, Administration, Area of Summer Internship: Attendance: AT Objectives met: Yes Deliverables: Completely Met. Strength: Keen observations. Suggestions for Improvement: Will leave it to the faculty,

Date : 1715 June 2022 Place Mumbai

Name: Reny Varghese Unit Head / CAO Signature of officer in-charge:

# FEEDBACK FORM

MRS. DIVYA AGGRAWAL

Name of the Student: Alida Roy Palappilli Summer Internship Institution: Zynova Shalby Multi-Speciality Hospital Mumbai Area of Summer Internship: Operations Administration Attendance: 100% Objective met:  $Y \in S$ Deliverables: -> Weekly progress separt -> Draft Final separt Strength: -> Hardwerking -> Diligent Suggestion for Improvement: Date: July 29,2022

Place: DE LH )

Signature of the Officer Incharge (Internship)

Summer Internship Report

# At

# ZYNOVA SHALBY MULTISPECIALITY HOSPITAL

(18th April to 17th June 2022)

A Report

By

# Alida Roy Palappilli

Post-graduate Diploma in Hospital and Health Management

2021-2023



International Institute of Health Management Research, New Delhi

ACKNOWLEDGEMENT

It gives me great pleasure to present my research project while thanking everyone who assisted me with this assignment. The success and final completion of this project need a great deal of direction and support from a significant number of people. First and foremost, I want to thank my parents for their unwavering support during the summer training endeavor. I would want to express my gratitude to The Almighty for his kindness. My heartfelt thanks go to IIHMR, Delhi, for offering this golden opportunity.

I would also want to thank my mentor and director at IIHMR DELHI, Dr. Sutapa Negoi and Dr. Divya Agrawal as well as Dean Academics at IIHMR DELHI, Dr. Sumesh, for taking an interest in my project work and guiding me along the way by giving the essential information.

Also, I would like to express my heartfelt appreciation to Mr. Reny Varghese (CAO), who assisted me tremendously during the duration of my summer internship. He really encouraged me to work on this project with his valuable guidance, support, attention, encouragement, engagement, and advice. I also want to thank Mrs.Shreya Rane (Operations Head), Dr. Deepak Patial (Clinical Head), Ashish Sharma (Marketing Head) and Himanshu (Quality Executive), Sayali and Vinaya (floor coordinators) and over all team for their direction and continual monitoring, as well as for giving required knowledge and a great chance to work in their organization.

### **TABLE OF CONTENT**

Sr. No	TOPIC	PAGE NO
1	Abbreviations	4
2	Profile of the organization	5-11
3	Observational learning	12-16
4	Introduction	17-18
5	Statement of study	18
6	Objective	18
7	Need of study	19
8	Research methodology	20-23
9	Analysis and Interpretation	24-29
10	Finding and Recommendation	30-31
11	Conclusion	32
12	Bibliography	33
13	Annexure	34-35

# ABBREVIATION

IPD	Inpatient department
OPD	OuSponsered Payertient department
ICU	Intensive care unit
OT	Operation theater
MRD	Medical record department
ТАТ	Turnaround time
TDW	Tentative discharge written
HIS	Hospital information system
SPONSERED PAYER	Third-party administrator
НК	Housekeeping
СТ	Computed Tomography
MRI	Magnetic Resonance Imaging
NABH	National Accreditation Board For Hospital
	And Healthcare Providers
EMG	Electromyography
SICU	Surgical Intensive Care Unit
NICU	Neonatal Intensive Care Unit
CSSD	Central Sterilisation Supply Department

# **PROFILE OF THE ORGANIZATION**

# DIFFERENT DEPARTMENTS OF THE HOSPITAL

### Basement 1 and 2

• Parking, Laundry, Diesel Generator, Electrical Panels

# **Ground floor**

- Emergency room
- Waiting Area
- Front desk and admission
- OPD Pharmacy

### First floor

- OPD's (1 to 5)
- Health check-ups
- Electrocardiogram, 2D Echo, Stress Test
- Holter Monitoring and Pulmonary function test
- Electroencephalogram and Electromyography
- Endoscopy
- Ultrasonography
- Gynaecology OPD
- Ophthalmology
- Dental OPD
- Sample collection / Phlebotomy
- ENT(ear nose throat) OPD

### Second floor

- ICU (Intensive Care Unit)
- MRI (Magnetic Resonance Imaging)
- CT SCAN (Computed Tomography Scan)
- MAMMOGRAPHY

• X-RAY

# Third floor

- CATH-LAB
- OT (Operation Theatre) Complex

# **Fourth floor**

- CAO Cabin
- CSSD (Central Sterile Supply Department)
- Maintenance Department
- IP (in-patient) pharmacy
- Purchase Department
- Server /IT Department
- Store Department

# **Fifth Floor**

- Administration Department
- General ward
- SICU (Surgical Intensive Care Unit)
- Doctors Lounge
- ICU relatives waiting area.

# Sixth floor

- Labour room
- Labour OT
- NICU (Neonatal Intensive Care Unit)
- Economy ward
- Premium room-602, 603,604,605
- Suit room-601
- Twin sharing-606,607

# Seventh floor

- Matrons Office
- Daycare-707,709
- Premium room-701, 702, 705, 711, 712, 713, 714, 716
- Suite room- 710,715,706
- Twin sharing -703,704

# **Eighth floor**

- Nursing station
- Day care 807,808,809
- Premium room 811, 812, 813, 814, 816, 805, 801, 802
- Suits room 810, 815, 806
- Twin sharing- 803, 804

# Ninth floor

- Premium room 901, 902, 904, 905, 906, 907, 909
- Suits room 903, 908

# Ambika Sadan

- Floor 1- Canteen
- Floor 2- Physiotherapy and Rehab Centre
- Floor 3 Blood storage, pathology and accounts.

# HISTORY

"Zynova Shalby Multi-Speciality Hospital is a 100-bed multispecialty hospital in Ghatkopar, Mumbai that provides comprehensive diagnosis and treatment services for a variety of ailments." Zynova Shalby Hospital, one of the leading hospitals in Ghatkopar, provides medical and surgical services to Mumbai residents. Cardiology, orthopaedics and joint replacement, spine, neurology and neurosurgery, oncology and once surgery, Laparoscopic surgeries, plastic and cosmetic surgeries, arthroscopic surgeries, trauma centre, and surgeries are among the major services provided. Beside General Medicines, General Surgery, Day Care Surgery, and Dialysis, CT scans, MRI, Mammography, 2D Echo, USG, Digital X-RAY, EMG, and Holter Monitoring Services

### SPECIALISATION OF ZYNOVA HOSPITAL

Zynova Shalby Multispeciality Hospital is a well-known name in patient care in Mumbai. It was established in 2007 as Zynova Heartcare Hospitals. In the year 2021, they have done a Cobranding with Shalby group, a chain of 10 hospitals based out of Ahmedabad. Zynova Shalby Multispeciality Hospital is Ghatkopar West's well-known private hospital. They are one of the emerging brands in the healthcare business, with the objective of providing the finest in patient care and equipped with technologically sophisticated healthcare facilities. This hospital is conveniently accessible by numerous modes of transportation. A team of highly qualified medical personnel, non-medical personnel, and experienced clinical technicians operate around the clock to provide a variety of services. Because of their skilled services, they are a sought-after private hospital in Mumbai. A doctor team on board, including specialists, is prepared with the knowledge and skills to handle many forms of medical conditions.

### VISSION

"To become the most trusted hospital by providing excellent care and compassion to patients"

### MISSION

"To provide healthcare to the patients confirming scientific and ethical standards"

# VALUES

### • Strive for Excellence

To believe in having a passion for excellence in every aspect of the word we do; in the overall delivery of service to stakeholders, in ensuring that we meet the highest international standards

# • Continual Education

To install a process of learning and self-improvement at every level through continuous training, focused research, and peer review

# • Integrity

To deal with all stakeholder-patients, partners, employees, vendor and the community- in a spirit of fairness and integrity

# • Empathy

To understand the beliefs, emotions, and point of view of all our stakeholders so as we can develop a relation of trust and faith.

# • Teamwork

To ensure best of best delivery of service to all our stakeholders we prioritize team effort as participation of each member matter in raising the bar of the quality patient care services

# SCOPE OF SERVICES ZYNOVA SHALBY HOSPITALS

CLINICAL SERVICES				
Accident & Emergency	• Neurology			
• Anesthesiology	• Neurosurgery			
Cardiology	Obstetrics and Gynecology			
Cardio-Thoracic Surgery	Orthopedics / Sports Medicines			
Dentistry and Implantology	Ophthalmology			
Critical Care	Plastic & Reconstructive Surgery			
• Dermatology	Radiology			
Endocrinology/Diabetology	Respiratory Medicine			
• Ear Nose and Throat	Surgical Oncology			
Gastroenterology	Spine Surgery			
General Surgery and Medicine	Transfusion Medicine			
Interventional Cardiology	Vascular Surgery			
Interventional Neurology	• Urology			
Interventional Radiology				
Internal Medicine				
Minimal access & Bariatric surgery				
Nephrology				

	DIAGNOST	IC SERVICES
)	Laboratory Services	
	Biochemistry	Other Services
	Hematology	Ambulance
)	Microbiology	Blood Storage Unit
)	Clinical Pathology	Day Care Centre
)	Immunology	Dialysis
	Non-Invasive Cardiology	Emergency Day Care
)	Electrocardiogram (ECG)	Nutrition and Dietetics
	Echocardiography (Echo)	• Pharmacy
	Treadmill Test (TMT)	• Physiotherapy
•	Holter	Scope Excluded
	Electro Neurophysiology	• Burns
	EEG- ROUTINE	• Rheumatology
	EMG(Electromyography)	Radiation Medicines
)	VEP (Visual Evoked Potential)	Psychiatry
•	Radiology and Imaging	Nuclear Medicines
)	Digital X-Ray	
	Computed Tomography 64 slice	
)	Mammography	
)	Magnetic Resonance Imaging 1.5 Tesla	
	Ultrasonography (USG)	
	Other Diagnostics	
	Audiology	
•	Bronchoscopy	
)	Endoscopy	
	Pulmonary Function Test (PFT)	

### **OBSERVATIONAL LEARNINGS**

### • Floor Coordinator- Administration Department

Floor Coordinators are the personnel who are responsible for ensuring that all floor requirements are met. The major role of the floor coordinator in the hospital comprises of coordinating with all departments throughout the hospital during admissions and stay in the hospital, Discharge confirmation from RMO, Collecting the patient feedbacks, etc... They also do Patient grievance handling which includes Root cause analysis, informing the department responsible, ensuring whether the grievance is resolved.

### • NABH-National Accreditation Board for Hospitals & Healthcare Providers

National Accreditation Board for Hospitals & Healthcare Providers (NABH) is a constituent board of Quality Council of India, set up to establish and operate accreditation programmes for healthcare organisations. NABH operates for accreditation, certification and empanelment programs. The hospital accreditation program was started in the year of 2005, this program was started to improve healthcare quality and patient safety in hospitals. NABH standards have 10 chapters incorporating 100 standards and 651 objective element.

### • Hospital Emergency Code

The use of the color codes to designate emergencies to alert the trained specific team and respond quickly to those emergencies thereby preventing stress or panic in hospital

### □ CODE RED – Fire and Safety Department

CODE RED is an emergency procedure code for unexpected fire, flames, smoke, Smell of smoke, unusual heat or any other indication of fire. Code Red alerts the staff to a fire or probable fire.

### **CODE BLUE- Clinical Department**

Code BLUE is an emergency procedure codes for cardio pulmonary and lifethreatening emergencies in area of the hospital. A trained team of advance life support providers rush to specific location and begin immediate resuscitative efforts.

### > OPEN AUDIT

Medical open audit is a chart review which is used to identify what is being done correctly and what is in need of improvement

1.	Choose the focus of your audit
2.	Define the measurement criteria
3.	Determine which record to review
4.	Decide sample size
5.	Develop Record keeping tool
6.	Gather Data
7.	Summarize your findings
8.	Analyze the data and implement appropriate changes

Files	p1	p2	р3	р4
-------	----	----	----	----

Name of the Auditor		
Date of the Audit Done		
NAME OF PATIENT:		
CONSULTANT NAME:		
DOA:		
UHID NA. / IP NA:		
Admission Profile		
Name of Patient		
Personal Details		
Signature of relative		
Admission History and Physical Form		
Allergies Identified		
Medication Reconciliation		
RMO Name & Signature		
Date & Time		
Plan of Care		
Provisional Diagnosis		
Consultant signature within 24 hrs		
Doctor's Progress Notes		
Reassessment done in every shift		
Documentation of Hand over done in every shift		

Date & Time,		
Name, Signature		
Reassessment done daily		
Invasive Procedures/Surgery & Anaesthesia		
Recovery room chart		
Endoscopy recovery room chart		
Pre-Op Diagnosis		
Post Op Diagnosis		
Complications		
Blood Loss		
Consent for procedure complete		
Consent for anaesthesia complete		
CT / MRI / HIV consent		
Procedure Safety check List		
Operative Notes		
Implant details where applicable		
PAC and Anaesthesia form filled		
Intra operative & Post OP		
Treatment Sheet- Physician Orders		
Capital letters		
Date, Time, Name & Sign		

Dose, Strength, Frequency & Route mentioned			
Unapproved abbreviations & symbols not used			
Allergies recorded			
High risk medication countersigned			
Diet			
Omit Orders Appropriateness			
Blood Administration			
Consent			
Documentation			
Blood bag sticker			
Transfused with in time limit			
Vital signs monitoring chart			
Restraint Both Chemical /Physical			
Restraint Consent obtained			
Assessment documented			
Nutritional / Physiotherapy Assessment & Screening			
Nutritional Screening			
Dietary daily Assessment			
Assessment done in 24 hours of admission			
Physiotherapy Assessment (when required)			
	1	I	

### **PROJECT REPORT.**

### TIME MOTION STUDY ON THE PROCESS OF DISCHARGE

# Methodology: By analysing the gaps in delay of discharge process and patient satisfaction in discharge process in hospital

### > Introduction

A hospital primarily provides two types of services: outpatient and inpatient. "An out patient is one who receives ambulatory care in the hospital and does not require an overnight hospital stay." An "inpatient" one who has been admitted to a hospital to receive inpatient hospital services. Discharge planning is an essential component of any hospitalization.

The "Discharge Process" is one of the critical functions in a healthcare organization that must be streamlined and monitored on a regular basis. Discharging a patient from the hospital helps to release a person from the hospital setting after addressing the patient's healthcare needs. This is accomplished by ensuring that appropriate clinical and community-based support services are available as needed. Preventing avoidable readmissions has the potential to significantly improve both patient quality of life and the financial health of healthcare systems.

Discharge planning should begin before admission in the case of elective care. As per NABH, the time taken for completion of the discharge process should not exceed 180 minutes. This allows everyone to concentrate on a specific goal in the patient's care. Additionally, it reduces errors and unnecessary delays along the patient pathway. If inpatient beds are a bottleneck, reducing bed pressure will increase throughput and, as a result, reduce referral to treatment times. A smooth Discharge Process will lead to an increase in Patient Satisfaction and the Quality of service delivery.

### **Ideal discharge process**

- 1) Discharge planning at the time of admission
- 2) Package patients (with fixed Length of Stay)
- 3) Doctors intimation one day prior to discharge
- 4) Tentative discharge after doctors round (Waiting for investigation/examination)
- 5) The following activities to be completed sequentially –
- Discharge Intimation (Date & Time)
- Actual discharge (Date & Time)
- Discharge summary Ready (Time)
- Nursing Clearance (Time)
- Pharmacy Return (Time)
- Bill ready (Time)
- Bill settlement (Time)
- Room vacation (Time)

### General Objective :

To study the time motion of the discharge process.

# > Specific Objective :

1. To track the many criteria that correlate to the delay in the discharge of patients from the ward.

- 2. Determine the root cause of the procedure delay.
- 3. Analyse patient satisfaction with the process using a feedback form

# > Purpose of the study :

The study's primary goal is to identify problems with discharge planning, identify areas for development, and offer suggestions in accordance with the organization for strengthening and enhancing the quality of services delivered.

# Scope of the study :

The scope of this study was to analyze the steps involved in the discharge of the patient of Zynova Shalby Multispeciality Hospital and to improve the discharge process by providing suggestions and recommendation

### **RESEARCH DESIGN AND METHODOLOGY**

The method through which researcher conduct their research is known as research design and methodology. It depicts the step involved in the formulation of the problem and the goal of presenting the data gathered during the research period.

### Area of study:

This study was conducted in Zynova Shalby Multispeciality Hospital Mumbai, coordinated by the operations department.

### **Research design:**

The study is both descriptive study and quantitative research. It's a descriptive research because it comprises surveys and fact-finding enquires of various kinds, such as patient satisfaction with regards to waiting and delay in hospital operations such as discharge. It is a quantitative research since it enumerates and analyses the percentage of discharge within time, as well as the time span of each step and many other factors that lead made discharge on time or delayed.

### Sampling

- From the 18<sup>th</sup> of April 2022 to the 15<sup>th</sup> of June 2022, random patients who were discharged from the ward were included. (A sample of 100 Patients)
- These patients fall into a range of categories, such as Self-payers or Sponsored Payer.

### Sources of data:

- Hospital staff
- Patients
- Feedback form

### Data was collected by primary and secondary sources:

I. Primary

- □ Discharges happening in the hospital
- □ Individual discussion with stakeholders

 $\hfill\square$  Key informant interviews with the floor coordinators

 $\Box$  Time motion study

II. Secondary

- □ Procedure in each department
- □ Registered records of particular department

# **Period of study**:

April 18th till June 17th 2022

### **Statistical tool:**

MS Excel

### **Expected Outcome**

The aim of a time-motion study is to analyse a situation, examine the objectives of the situation and then synthesize an improved, more efficient and effective method or system. Accurate observations were made and recording of existing work methods to identify the critical activities and look for indicators from which new methods might emerge. Different work patterns were observed and time was recorded to determine the time it takes the qualified worker to complete a specific job to the current required level of performance.

### The process of discharge followed in the Zynova Shalby Multispeciality Hospital

- Discharge procedures shall be followed to ensure patients are discharged effectively and efficiently, allowing for optimal utilization of available resources.
- An authorized hospital discharge is only be made by an order from the primary consultant. However, a patient may discharge himself/herself against medical advice.
- On re-assessment of the patient, the Consultant documents discharge instructions in the patient's medical record at the time of anticipated discharge.
- In case if more than one consultant is involved in the patient's care, Consultant in-charge will primarily be responsible to coordinate with other consultants for discharge. RMO on duty will provide necessary coordination.

- If required, diet plan will be given and explained to the patient
- In case if the patient being discharged is MLC, inform the Police Station regarding the discharge.
- Send information about the discharge to other departments involved in the process.
- Medicines are refunded and respective Investigation departments are informed.
- Private patients will get direct refund of appropriately returned medicines/ and in case of Insurance & Company patients, 'balance medicines return note' along with 'credit note' will be sent to billing department by pharmacist.
- A Discharge Summary shall be prepared.
- The Ward Sister / RMO shall be the responsible person to ensure compliance with this policy.
- The discharge summary shall contain: The reason for admission
- Significant findings
- Any diagnosis
- Investigation result
- Procedure performed
- ➢ Treatment given
- Significant medicine administered
- Condition of discharge
- > Discharge medication, follow up instruction and emergency contact number
- In case of death, the discharge summary includes the cause of death
- The nurse / RMO shall be responsible for completing the discharge checklist and explaining the discharge summary to the patient. Patient/family understanding shall be documented on the discharge checklist by obtaining the patient/family signature.
- All the patients are provided with a discharge summary at the time of discharge.
- Patients requesting discharge against medical advice shall be explained the risks and consequences. The consent will be obtained from the patient/ family as per the informed consent policy
- Billing sheet is sent to billing department for finalization of bill
- Verify charges recorded in billing sheet with departments involved. Prepare final bill

with all the required information.

- Billing department will inform staff nurse after the final bill is ready for the payment and in case of Insurance and Company patient, bill is forwarded for settlement
- After Payment, a discharge slip is made.
- Check the discharge slip to ensure payment made. Note down Bill Number, receipt number of the amount paid by the patient
- Hand over-discharge summary and reports to the patient/relative
- Once the patient is discharged, the same is marked in the system
- In case of DAMA discharge:
  - □ Staff Nurse informs RMO/ Consultant regarding patients desire to leave the Hospital against medical advice
  - □ RMO/ Registrar / Consultant explains the risk and consequences of leaving the hospital to the patient and relatives
  - RMO informs the consultant and documents in the progress notes of the patient that the patient and the relatives are informed about the risk and consequences of leaving the hospital
  - □ Consent of the patient is taken or if not in a position to give Consent, take the consent of the legal representative on the DAMA Consent form
  - □ Formalities of discharge procedure proceed
  - □ After completion of the discharge, processed files were sent to MRD
  - $\Box$  If the discharge is DAMA.

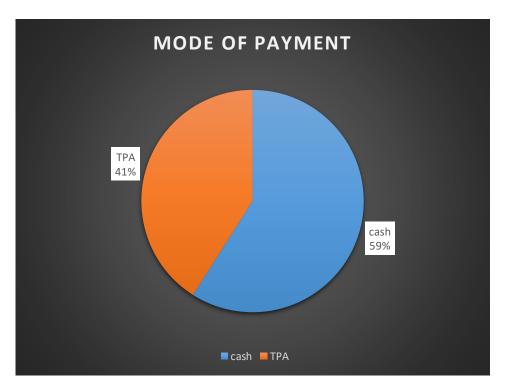
### ANALYSIS AND INTERPRETATION

# 1) Mode of Payment

Self-paying were 59%

Sponsored Payers were 41%

# (Fig 1)



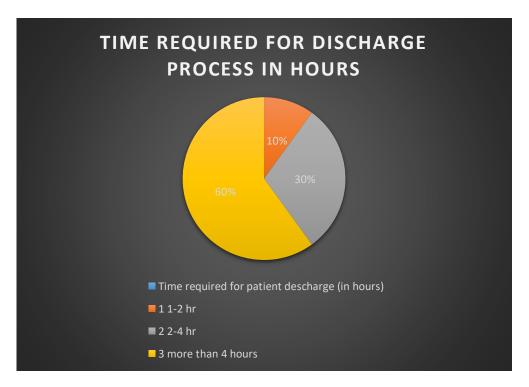
# Interpretation

The above graph depicts the manner of payment used by the patients in a sample size of 100, with 41% using Sponsored Payer and 59% using Self-paying

2) The time required in discharge process in hours

Ti	Time required for patient discharge (in hours)				
1	1-2 hr	10%			
2	2-4 hr	30%			
3	more than 4 hours	60%			

# (Fig 2)



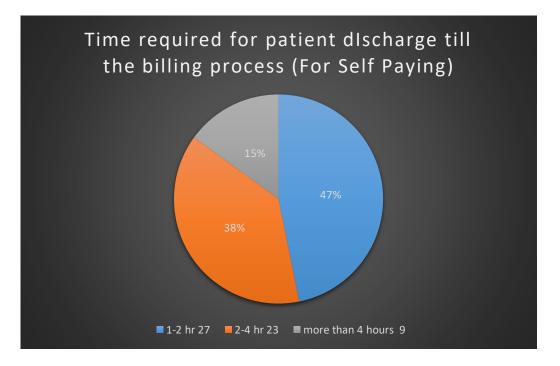
# Interpretation

The above diagram depicts the time required for the discharge process in hours with a sample size of 100 patients, with 10% belonging to 1 to 2 hour, 30% belonging to 2-4 hours, and 60% belonging to more than 4 hours.

3) Time required for patient discharge till the billing department (self-paying)

Time required for patient discharge till the billing process (For Self-Paying)			
1	1 hr -2 Hr	27	
2	2-4 hr	23	
3	more than 4 hours	9	

(Fig 3)

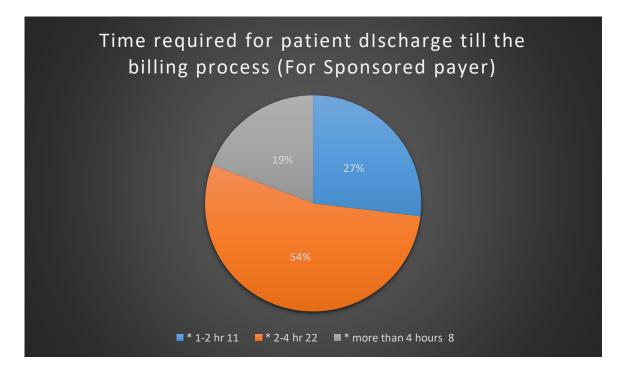


### Interpretation

The above diagram articulates on the discharging time of Self payers till the billing process, with 47 percent belonging to time 1-2 hours, 38 percent belonging to time 2-4 hours, and 15 percent belonging to time more than 4 hours.

# 4) Time required for patient discharge till the billing process (For Sponsored Paying)

Time required for patient discharge till the billing process (For SPONSERED PAYER)			
1	1 hr -2 Hr	11	
2	2-4 hr	22	
3	more than 4 hours	8	

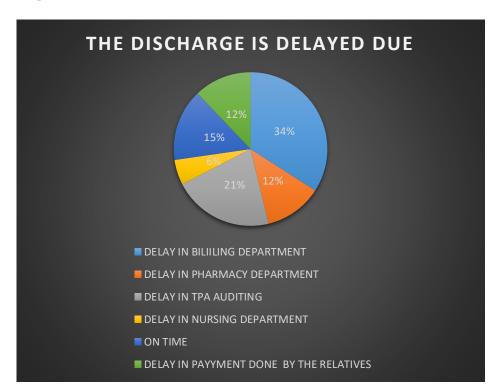


(Fig 4)

### Interpretation

The above diagram explains on the discharging time of Sponsered Payers till the billing process, with 27 percent belonging to time 1-2 hours, 54 percent belonging to time 2-4 hours, and 19 percent belonging to time more than 4 hours

### 5) The Remarks due to which the discharge process is delayed



### (Fig 5)

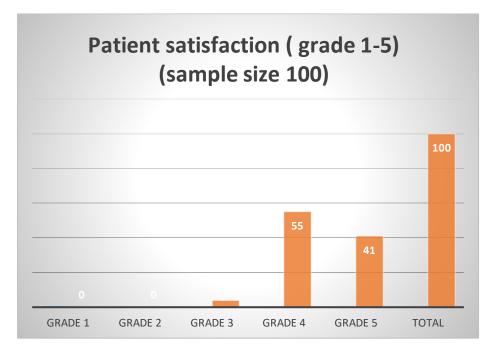
### Interpretation

The above diagram elaborates on the reasons why the discharge process is being delayed, with 34 percent belonging to the billing department, 12 percent due to payments made by relatives and delay in the pharmacy department, 21 percent due to delay in Sponsored Payer auditing, and 6 percent due to nursing department, with 15 percent discharge completed on time with a sample size of 100

# 6) Patient satisfaction on discharge process

grade 1	grade 2	grade 3	grade 4	grade 5	Total
0	0	4	55	41	100

(Fig 6)



# Interpretation

The above graph depicts patient satisfaction on the basis of the discharge process as measured by a discharge track sheet of 100 patients, with the maximum patient giving a grade of 4 and the minimum giving a grade of 3.

# FINDINGS

- Patients were scheduled for TKR (total knee replacement), but the billing package was not defined.
- Photocopies of the report took time.
- Consultant's timing is not defined
- Patient usually becomes restless on seeing the final bill, which leads to their unwelcomed queries resulting in a delay in the discharge process
- Delay in discharge due to lack of coordination between the department
- On discharge of a surgery patient, there is a delay from the pharmacy department, and implant charges are pending due to new codes.
- In case of a system error (server goes down) there is no backup plan to lead the discharge process
- Lack of manpower in the billing department for auditing
- While doing online payment by the bystanders of the patient, the bill is not passed till the payment is seen in the account by the accountant.
- Another major concern is late Discharge Summary preparation, which entails numerous steps.
- ✓ Sometimes Discharge Summary is prepared late.
- ✓ Sometimes the staff tries to accumulate two or three discharges at the same time, causing a delay in completing notes of all and then sending down the files.
- ✓ Sometimes everything is ready, but the patient cannot be served because the nursing staff is overburdened and the file is sent to the finance desk late.
- ✓ Lack of computer in floor to prepare the discharge summary

### **RECOMMENDATION/ SUGGESTION**

- Effective and timely discharge can only be attained by interdepartmental coordination and proper communication between all the team involved in the discharge process: strategies to ensure continuity of care (4 C's)
- Communication
- Coordination
- ➢ Collaboration
- Continual reassessment
- The discharge track sheet should involve the timing of when the patient relatives pay the bill
- The manpower in billing department should be increased so, that the final auditing will be complete in time
- The training should be given to each staff about the software used
- The timely auditing on discharge process should be made
- The nurse should be aware of the expected discharge date so that she can complete her notes the night before discharge and return any remaining medications to the pharmacy.
- Patient should be well informed about the time the whole discharge process will take.

### CONCLUSION

Patient dissatisfaction is also influenced by the length of the discharge process. All departments involved in the discharge process must work well together. The duration of the discharge process at Zynova Shalby Multispeciality Hospital was examined in this study. It was discovered that the time required for billing clearance was a contributing factor to the most total time taken in the discharge process, and it was also discovered that the number of planned discharges was less, which was also a contributing factor to the discharge being delayed. It was noted that the discharge summary was prepared following the doctor's confirmation of discharge. This added to the patients' discharge delays. According to the patient feedback form, patient satisfaction in the discharge process was rated as good.

Introducing two administrative employees into the discharge process has reduced the number of unplanned patients which has affected the overall reduction in the whole discharge process and also the time is taken for clearance has been improved. Hospital administration should carry out frequent audits of all the departments involved with the discharge process. The delayed Discharge process leads to unnecessary bed occupancy, thus affecting both, the existing patients to be discharged and the new admissions in the hospital thereby putting undue pressure on the already strained resources of the hospital

### BIBLIOGRAPHY

- Kulkarni M, Pandit AP, Singh P. Identifying discharge process factors causing an increased length of stay. J Nat Accred Board Hosp Healthcare Providers 2016.
- Shobitha Sunil, SaralaK.S., G Shilpa. Analysis of time taken for the discharge process in a selected tertiary care hospital.
- Mukotekwa, C., Carson, E., "Improving the Discharge Planning Process: A Systems Study", Journal of Research in Nursing, Vol.12, Issue 6, 2007.
- Swapnil Tak, Sheetal Kulkarni, Rahul More. A comparative time motion study of all types of patient discharges in a hospital

# ANNEXURE

# ZYNOVA HOSPITAL ALS PVT LTD

Patient Name: Consultant Name :	<b>Zynova SHALBY</b> MULTI-SPECIALTY HOSPITALS		
 Patient Name:	DOA:		
Consultant Name :	IP No.:		
Ward No.:			

Instruction Discharge given by ConsultantOn Date/Time:

Sr.No.	Department	Procedure	Tick	In time	Out time	Name Sign	&
01	RMO	Discharge Card Ready					
02	Nursing	Medicine return to Pharmacy					
03	Pharmacy	Charge Sheet Returned toWard					
04	Nursing	Charge Sheet given to Billing					
05	Billing	Charge Sheet given to Auditor					

06	Auditor	Charge Sheet given to Billing		
07	Billing	Final Discharge		
08	SPONSERED	File coming at		
	PAYER	Department		
09	SPONSERED	Claim sent to		
	PAYER	Insurancecompany		
10	Lab &	Charges is not pending		
	Diagnostic			

Patient Leave from Department (Timing):\_-----AM/PM

Nursing Staff Name:-

Signature:-

ZH/FF/IPD/57

Page No. 1